

Post Operative EYE DROP INSTRUCTIONS



PRED-MOXI-BROM

If you have any questions please call 727.938.2020

Use this sheet to help you keep track of the medication prescribed. Each row represents 1 week and will show the number of drops you need to instill per day. We encourage you to check off each box to help keep track. The amount of drops per day will decrease each week.

Right Eye Left Eye

WEEK ONE - 4 TIMES DAILY

Day of Surgery	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Pred-Moxi-Brom <i>4 times per day</i>						
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

WEEK TWO - 3 TIMES DAILY

Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Pred-Moxi-Brom <i>3 times per day</i>						
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>						

WEEK THREE - 2 TIMES DAILY

Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
Pred-Moxi-Brom <i>2 times per day</i>						
<input type="checkbox"/> <input type="checkbox"/>						

WEEK FOUR - 1 TIME DAILY

Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
Pred-Moxi-Brom <i>1 time per day</i>						
<input type="checkbox"/>						

IMPORTANT REMINDERS

- Be gentle when administering. Drops may come out quickly.
- Continue all glaucoma drops as prescribed unless you are told otherwise.
- Use Preservative Free Artificial Tears as needed for discomfort.
- Keep both eyes closed for the remainder of the surgery day.
- Space drops throughout the day, for example:

Breakfast Lunch Dinner Bedtime

*See post op instructions on reverse side.

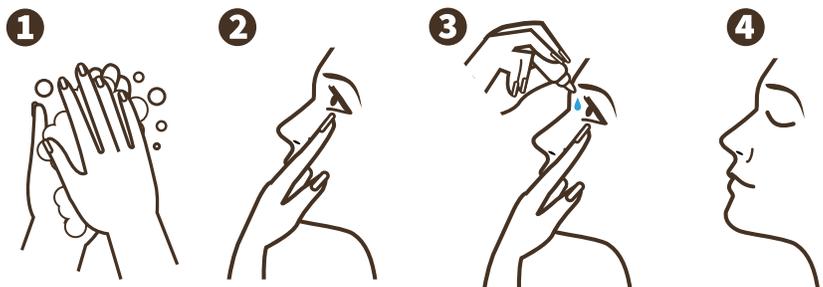
Cataract Surgery POSTOPERATIVE INFORMATION



- 1. Do not touch or rub the eye,** and be careful when washing your face. You may shower (keep eyes closed). When washing hair, keep soapy water away from eyes. Do not put your face into the showerhead spray for 1 week after surgery. Water will not harm the eye but rubbing or bumping may cause injury. Eye makeup should not be worn for two weeks. Do not wipe the eye with tissues.
- 2. Resume your physical activities, medicines and diet.** You should not lift more than 20 pounds for one week after surgery. Continue all normal activities. Patients should adjust activities that risk getting water or dirt in the eyes (mowing, heavy exercise or swimming) for two weeks. Return to work when ready, as long as your job does not include heavy lifting or working in an extremely dusty environment.
- 3. Wear the eye shield to protect your eye while you sleep for one week after surgery.**
- 4. Use eye medication as directed.** Use as directed in the operative eye only. Apply one drop at a time, waiting 5 minutes between drops. See reverse side for drop schedule.
- 5. Wear sunglasses when outside during the day,** even on cloudy days, to protect the retina. You may wear any sunglasses that have 100% UV protection.
- 6. Blurry vision is normal initially;** it should improve over the first 24-48 hours as your pupil dilation wears off. Vision and comfort should improve with each day.
- 7. Minor discomfort is normal after surgery and should subside within the first few days.** This includes mild itchiness, tearing, or a scratchy sensation. Artificial tears may be used as needed to aid in comfort. A temporary redness of the white of the eye may be present due to medications given at the time of the surgery.
- 8. Your glasses prescription will change after surgery.** Wearing your present prescription will not harm the eye, but your vision may be better without your glasses.
- 9. Driving may be resumed when you feel safe and confident, unless otherwise directed.**

How to apply eye drops:

1. Shake bottle.
2. Tilt your head back and look up.
3. Place your finger on your cheek just under the eye and gently pull down until a "V" pocket is formed between your eye and lid.
4. Try not to let the dropper touch the eye or lashes as you apply the eye drop.
5. Release your finger and gently close your eye.



In case of urgent questions, please call us at **727-932-2020**. We are available 24/7.



43309 US Highway 19 North,
Tarpon Springs, FL 34689 | StLukesEye.com
Tarpon Springs, Clearwater, Tampa, St. Petersburg, Spring Hill, The Villages